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5 MINUTES WITH WOMEN'S COLLEGE BASKETBALL COACH SUZY MERCHANT

CHECK OUT BUICK'S SPORTY

ST LINEUP

VISITS THE MAINE COAST



VIEWS OF BUICK LIFE AND BUICK OWNERS

FALL 2021

SEASIDE TREASURES W ENCLAVE AVENIR

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SCENIC SHORES NEW ENCLAVE AVENIR EXPLORES MAINE SEE PAGE 8









Early 20th-century Pulitzer Prize-winning poet Edna St. Vincent Millay took inspiration from atop Camden's Mount Battie when she penned Renascence:

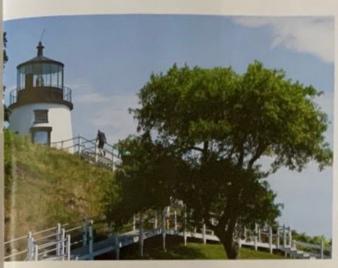
All I could see from where I stood Was three long mountains and a wood; I turned and looked another way, And saw three islands in a bay.

Millay's poem captures the region's essence. Here, mountains tumble to the sea, sand beaches notch granite-girdled peninsulas, lighthouses and lobster shacks pepper shorelines, and working and pleasure boats ply island-salted waters.

Add vibrant cultural and food scenes, and the result is the best of Maine in a microcosm. It's a perfect place to take the family and enjoy the sights, sounds and experiences of such a beautiful locale in the new 2022 Enclave Avenir.\*

"What makes this region special is the overall beauty of its location on Penobscot Bay," says Cornelius Russell, general manager of the Samoset, an oceanfront resort with an 18-hole championship golf course. "This is quintessential Maine, with the islands and world-class museums such as





the Farnsworth Art Museum, the Center for Maine

Contemporary Art, and the Owls Head Transporta-

tion Museum; renowned restaurants like Primo and

Natalie's; and independent shops and boutiques."

Start with the shimmering bay's rugged and alluring

coastline, protected harbors, fishing villages, and

winking lighthouses. During the Great Age of Sail,

shipbuilders built multi-masted windjammers that

sailors consider Penobscot Bay among the world's

sea captains sailed to exotic ports. Even now, serious

SEAFARING HERITAGE

best cruising grounds.

"Once you're out on the water, you realize that there are hundreds and hundreds of islands," says Capt, J. R. Braugh of the Schooner Ladona. "The path from one bay to the next is a miracle of geography – all are connected by inland channels. You can leave Rockland, head northeast, tool around all the bays, inlets and waterways for days, and never see the same thing twice."

Bob Trapani Jr., executive director of the American Lighthouse Foundation, based in the Keeper's House Interpretive Center at Owls

## PLACID PURSUITS

above) Ascend the steps at the Owls Head Lighthouse, dive into maritime history at the Sail, Power & Steam Museum, enjoy the views at the Camden Yacht Club, reel in a prize catch or set sail on Penobscot Bay.



Head State Park, concurs, "Everyone should experience the coast from the water," he says. When people realize that our waterways were our highways and that, before highways and rail systems, everything moved by water, they begin to understand the role lighthouses played." Spending a few hours or longer aboard a ferry or an excursion boat makes it easy to view coastal nooks and crannies, watch lobstermen hauling traps, see lighthouses, or spy seabirds, seals, and porpoises - all while breathing in sea-scented air. Crying gulls, chugging boats, pinging masts and clanging bell buoys provide background music. In addition to teasing the senses, getting affoat also opens a window to understanding the region's relationship

Local museums, such as the Sail, Power & Steam Museum, the Maine Lighthouse Museum, and those in the former keeper's houses at Owls Head Light and Marshall Point Light share the region's maritime heritage. "Once you've seen the lighthouses and you want to learn more about them and get more up close and personal, the Maine Lighthouse Museum is the spot," Trapani says. "The lens collection is unprecedented. It

"You walk out of there having a better understanding of why lighthouses were built and the people who lived there and kept the lights shining. You also see their role in history."

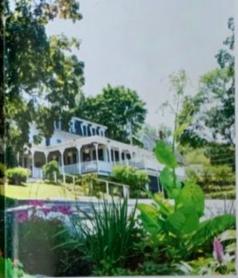
#### LOCAL TREASURES

with the sea.

While Rockland was evolving from a somewhat gritty seaport to an artsy destination, Melissa Kelly arrived, already in possession of one James Beard Best Chef: Northeast award.

"Both my partner and I had family connections in the area," Kelly explains. "We wanted to be on the East Coast and we wanted to have land. It was affordable, and I was really involved with the Maine Organic Farmers and Gardeners Association -







## LOCAL FLAVOR

Lobster specialty Brunyamsaki.

one of the biggest organic associations in the country at the time.

"I wasn't sure at the time it was the right place for what I wanted to do, but 22 years later, it's working out."

That's an understatement. Kelly won her second James Beard Best Chef: Northeast award for Primo her acclaimed farm-to-table Mediterranean restaurant in Rockland. Kelly says Maine was farm-to-table long before it became trendy.

During summer, she raises and grows about 85 percent of the restaurant's fare. That includes meat birds, pigs, laying hens and produce. She sources other ingredients from local farms, fishermen and foragers.

"This is such a beautiful place," Kelly says. "We have both the mountains and the sea, and everything from berries and mushrooms to seagrass and marsh grass. It's a beautiful place to be, especially for a chef. I love the seasonality and authenticity."

Kelly recommends that guests arrive early for dinner, get a cocktail and stroll the gardens and pasturelands before dining

While fresh seafood draws many to the region. Kelly praises the diversity of dining experiences. from Thai and Japanese restaurants with James



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Beard-nominated chefs to fine dining at Natalie's.

She regularly eats at McLoons Lobster Shack, a low-key, back-of-beyond spot with a stunning harbor view. Snag a picnic table, order at the window, and watch lobstermen unload their catch while waiting for a fresh-from-the-sea lobster. Then, chase it with sinful house-made desserts. Locals know to bring a drink to enjoy with their meal.

The Relais & Châteaux-member Camden Harbour Inn - located within walking distance of Camden's shops and restaurants - offers the ultimate lobster package. "It includes a private experience aboard a lobster boat in which guests learn about and help catch lobsters," says innkeeper Raymond Brunyanszki. "Afterward, they bring the lobsters back to the inn for a private cooking class and lunch."

Also included is the five-course lobster-tasting menu at Natalie's, the hotel's fine-dining restaurant. And, if that's not enough, lobster benedict is among the choices on the included breakfast menu.



In 2016, craftsmen from Lyman-Morse, a renowned Maine boatbuilding company, designed and built 250 Main, a 26-room boutique hotel overlooking Rockland Harbor. The industrial-chic décor blends nautical accents with an artsy vibe. Each floor doubles as a curated exhibit of contemporary Maine art, and the rooftop deck delivers eye-candy views over the downtown, harbor and bay.

The Farnsworth Art Museum and Wyeth Center anchors Rockland's reputation as an arts destination. Its collection, showcasing more than 15,000 works of American art from the 18th century onward, emphasizes Maine-related artists.

The permanent exhibition - Maine in America - celebrates artists such as Louise Nevelson, Fitz Henry Lane, Winslow Homer, Rockwell Kent, George Bellows and Marsden Hartley. The adjacent Wyeth Center focuses on N.C., Andrew and Jaime Wyeth, whose careers reflect their love for this region. Andrew Wyeth painted Christina's World, among other works depicting Christina Olson, her brother Alvaro and the house in nearby Cushing.











FARM TO

TABLE



## SIGHTS, SHOPS AND MORE

From stunning views of Camden Harbor to downtown shops to the Rockland Breakwater, the area offers plenty to see

#### HILLS AND SHORES

While lighthouses, schooners, lobster and the arts draw many visitors, Brunyanszki and Russell delight in telling guests about the other opportunities, including sea-kayaking tours, shopping the galleries and boutiques, and sampling wines in Cellardoor Winery's 200-year-old barn overlooking a vineyard folded into the hills.

Parks and preserves in those hills and along shorelines offer great hiking. Favorite pursuits include climbing Beech Hill to the Beech Nut, the sod-roofed stone picnic pavilion at its summit, ascending Bald Mountain, the fifth highest peak on the Eastern Seaboard; or noodling 20 miles of trails lacing Camden Hills State Park.

Hiking is one way to ascend Mount Battie.

Another is driving to the 788-foot summit on a former carriage road dating from 1897. A stone tower, erected in 1918 as a World War I memorial, caps the peak. Near the tower, a plaque honors Millay and the captivating view she shared a century ago.

Known as the Maine Travel Maven, author Hilary Nangle is a freelance writer whose work has appeared in numerous magazines.







## SOURCE OF INSPIRATION

Generations of American artists have found inspiration on Monhegan Island, accessible from Port Clyde by passenger ferry. The only way to get around Monhegan is on foot, as there are no vehicles other than trucks owned by islanders and a few golf carts owned by summer residents.

Walking through the village

– with its jaunty fish houses,
colorful gardens and
lobster trap-lined lanes –
and hiking the trails that
edge cliffs and thread
woodlands is like stepping
into painting after painting.
Artists still flock to The Artists' Island,
and many open their studios to the
public during the summer.

The hilltop lighthouse complex houses the Monhegan Museum of Art and History. In the former keeper's house, rotating works by artists such as N.C. and Andrew Wyeth, Rockwell Kent, Alice Stoddard and James Fitzgerald accent exhibits about the island's history and heritage.

The adjacent, purpose-built assistant-keeper's house hosts an annual summer exhibition. The museum also owns Kent-Fitzgerald House and Studio, where it shows more than 600 selections from Fitzgerald as well as others' works.



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